

Medical Social Services

Multilingual professional staffs assist the patient and their families / caregiver with the traumatic impact of illness. Linkage with agencies or individuals that offer/provide financial resources and community support groups is also available. These professionals are especially sensitive to the unique multi-cultural influences of our diverse community.

- Assessment of Social and Emotional Factors
- Counseling
- Community Resources Planning

Dietetic Services

- Diet Counseling
- Nutritional Planning



SACRED HEART
Health Care Providers, Inc.

**758 N. 2nd Street
El Cajon, CA 92021**

Phone: (619) 444-4986

Fax: (866) 624-9876

Email: sacredheartcpi@yahoo.com

Website: www.sacredheartcpi.com

TTY/TDD Users Call

1-877-486-2048

CA State Hotline:

(800) 824-0613

Hours: 08:00 - 17:00

**Office Hours
Monday – Friday
09:00 AM to 05:30 PM**

Notice of Discrimination: Pursuant of Title VI of the Civil Rights Act of 1964 [42 U.S.C. s2000 (d) et seq], the Rehabilitation Act of 1973, as amended (29 U.S.C. s794) and 45 C.F.R. Part 84, and the Age Discrimination Act of 1975 (42 U.S.C. 6101 et seq.) and 45 C.F.R. Part 91, the agency adheres to an equal opportunity policy or all persons seeking admissions as clients or seeking employment and for all persons employed by the agency. Home Health Agency does not discriminate because of age, race, color, religion, military status, marital status, gender preference, sex, national origin, or disability.



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*Our Promise Is To Render
The Highest Quality Of
Care At Home*



Accredited By:



SACRED HEART *Health Care Providers, Inc.*

Sacred Heart Health Care Providers, Inc. is comprised of compassionate, caring professionals committed to delivering quality health care to individuals who require skilled services but are unable to leave their home.

Our experienced and dedicated nursing and rehabilitation teams use a multi-disciplinary approach to ensure the highest quality of home health care for our patients.

Sacred Heart Health Care Providers, Inc. endeavor to work cooperatively and as a team with patients, their physicians and families. We strive to ensure each patient reaches his/her maximum health potential. All health care services are provided under the direction of the patient's physician.



With your Doctor's guidance, these services are available, as needed.



Skilled Nursing Services

Nursing Services can include but are not limited to:

- Skilled Observation and Assessment
- Diabetic Care and Management
- Congestive Heart Failure Management
- Wound Care Management
- Intravenous Therapy
- Medication supervisions
- Pain Management
- Respiratory Treatments
- Patient/Family Health Teachings
- Incontinence Care
- Ostomy Care
- Interstitial Cystitis
- Tube Feeding

Rehabilitation Treatment Programs:

Physical Therapy

Provides physician-prescribed treatment aimed at development and restoration of musculo-skeletal and joint function.

- Assessment of Rehabilitation Needs
- Home Safety/Falls Prevention
- Therapeutic Exercises
- Gait Training
- Transfer Training
- Establish Home Exercise Program
- Prosthetic Training
- Muscle Re-education
- Modalities

Occupational Therapy

Provides help to clients regain self-care skills and the activities of daily living.

- Activities of Daily Living Training
- Adaptive Equipment Training
- Energy Conservation Technique Training
- Fine and Gross Motor Activity

Speech Therapy

Provides corrective therapy to develop or re-establish communication skills.

- Voice Disorder Treatment
- Speech Articulation Treatment
- Dysphasia Treatment
- Receptive, Expressive, Cognitive